

The kind act a day calendar

October 2018

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|------------------------------------|---|-------------------------------|---------------------------------------|--|
| | 1 Act with integrity | 2 Smile @ everyone | 3 Start a fundraiser | 4 Share your candy | 5 Say hello to folks | 6 Send a postcard |
| 7 Serve at a homeless shelter | 8 Columbus Day Put out birdseed | 9 Pick up trash | 10 Reconnect with an old friend | 11 Reduce paper | 12 Send an encouraging note | 13 Give the benefit of doubt |
| 14 Listen intently | 15 Laugh w/others | 16 Hold the elevator | 17 Forgive today | 18 Foster an animal | 19 Do the dishes | 20 Don't interrupt |
| 21 Drink more water | 22 Learn something new | 23 Do a sibling's chore | 24 Donate blankets @ animal shelter | 25 Complain less | 26 Hold a Teddy Bear drive | 27 Make your bed |
| 28 Clean your room | 29 Collect items for a charity | 30 Be polite on the road | 31 Halloween Be Kind | | | |

